

# Sierra County Health and Human Services

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#### PRESS RELEASE

#### FOR IMMEDIATE RELEASE

### Fifth Case of COVID-19 in Sierra County

On August 11, 2020, Sierra County Public Health received notification of a fifth positive COVID-19 test result for a resident of Sierra County. Under the direction of the Public Health COVID-19 Response Team, the symptomatic individual is isolating at home and the household is quarantining. Contact investigation is ongoing. This is the third positive case within a week for Sierra County.

As you are aware, cases of COVID-19 continue to increase in our neighboring counties and cities where many of our residents work and shop. With the opening of our schools just around the corner, this is not a time to let down our guard.

## Every person has a role to play in limiting the spread of COVID-19:

- Practice physical distancing of 6 feet from others.
- ❖ Wash your hands with soap and water after you have been in a public place.
- Wear a face covering when in businesses, at school, or unable to maintain 6 feet distance.
- When feeling sick stay home.

Thank you for your patience and understanding as we stand together to beat this disease.

Celia Sutton-Pado, MD Public Health Officer Sierra County

For more information, please go to: <a href="http://sierracounty.ca.gov/COVID-19">http://sierracounty.ca.gov/COVID-19</a> Email: <a href="mailto:COVID19@sierracounty.ca.gov">COVID-19</a>

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